

Matthew 5:1-12 ESV

- 1 Seeing the crowds, he went up on the mountain, and when he sat down, his disciples came to him.
- 2 And he opened his mouth and taught them, saying:
- 3 “Blessed are the poor in spirit, for theirs is the kingdom of heaven.”
- 4 “Blessed are those who mourn, for they shall be comforted.
- 5 “Blessed are the meek, for they shall inherit the earth.
- 6 “Blessed are those who hunger and thirst for righteousness, for they shall be satisfied.
- 7 “Blessed are the merciful, for they shall receive mercy.
- 8 “Blessed are the pure in heart, for they shall see God.
- 9 “Blessed are the peacemakers, for they shall be called sons of God.
- 10 “Blessed are those who are persecuted for righteousness’ sake, for theirs is the kingdom of heaven.
- 11 “Blessed are you when others revile you and persecute you and utter all kinds of evil against you falsely on my account.
- 12 “Rejoice and be glad, for your reward is great in heaven, for so they persecuted the prophets who were before you.

First things first...

It’s pretty clear what the key word is in this passage: Blessed! Ever been told to “Have a blessed day”? Let’s explore what Jesus means by being blessed.

OBSERVE

- 1 Underline who is blessed. For example, the first one in verse 3 is **the poor in spirit**.
- 2 Circle every mention of “for” and double underline the phrase following which tells us how they are blessed.

INTERPRET

- 3 The Greek word that is translated “meek” in verse 5 is transliterated (written in English) *prautes*. It is often translated as “gentle”. It doesn’t mean that someone is easily imposed on, as we sometimes use it in English, but is more along the lines of someone who endures injury with patience and without resentment. It implies power under control. You can look up 1 Corinthians 4:21 and 2 Corinthians 10:1 for additional examples of this word in the Bible.

APPLY

4 What is your reaction to these types of blessings?

5 What would be true of yourself if each one applied to you? Think through each one and seek the Lord's guidance in applying it to your life. Note that "meek" is also translated "gentle."

WRAP IT UP:

Are you challenged by Jesus' words in Matthew 5? These are radical truths that, through the work of the Holy Spirit, have the power to transform you and the way you interact with those around you. Ask God to help you understand how to apply these truths to the circumstances you are facing right now.

To discover more about the Precept™ Bible Study Method, sign up for a training workshop! The Essentials of Inductive Bible Study class is the perfect place to begin—learn more at training.precept.org!

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Sermon on the Mount

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