

PRECEPTS FOR LIFE

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The following is an actual transcript of the PRECEPTS FOR LIFE Broadcast. For the purpose of filling transcript requests quickly, they have received only light editing. If you have questions concerning the material covered in this broadcast, Kay has published a number of books explaining the Scripture in depth. These books may be ordered by contacting the telephone number or address printed above.

SERIES: A Marriage Without Regrets

TITLE: Program 23 – Healing After Sexual Abuse (Kay's Guest Is Dorie Van Stone)

WEDNESDAY

OPEN

Whatever you're past, know this: that God knows you, that God loves you, that God wants to heal you. He wants to heal your marriage relationship. He wants to heal your sexual relationship. He wants you to know the love and security that He designed for the marriage bed. But that will only come as you get in to the Word of God. And it was given to you that you might know truth and that truth might set you free. Jesus Christ, who is the way to God, who is truth, who offers you life, is the One that came that you might have life and have it abundantly.

PART ONE

Kay: Dorie comes from a background of sexual abuse and physical abuse, really abuse from the time that she was born, but sexual abuse from the time that she was six years old on. Even after Dorie became a Christian, men would come and use her and molest her and she went through a lot of trauma. And then one day, God brought into her life a very, very handsome



man by the name of Lloyd Van Stone. And when he brought Lloyd into your life, your life radically changed, didn't it.

Dorie: Yes.

Kay: Did you ever believe that you were going to be married, Dorie?

Dorie: No, not until those words were finally said. And I thought, wow Lord, You did it. And when I think of that wedding and how beautiful I thought it was and then I think of the wedding night, that Kay in all truth and honesty, was a disaster. I remember that night of screaming as Lloyd was going to make love to me. And I screamed and I said, "No, no." And I got up and I ran into the closet. I held the door. Now, he could have pulled it open and said to me, "Submit, because you're my wife." But he didn't. And Kay, I will ever love him for this. He stood in front of the door of the closet and just said to me, in a very soft voice, "It's all right, Dorie. It's all right, honey. Remember I'm the one that loves you. I'll wait. I'll wait. Now, Kay, because we both loved the Lord, we prayed about everything. I thought, "I'm an utter fool." Now there were times when I submitted, hating it every moment, because Kay I have to explain it this way, for the sake of those who have been through that sexual abuse all the horrible horrendous pictures pop up into your mind of what was done to you. And you scream because you think of the horribleness of that moment and I remember the night that I willingly gave myself to Lloyd. He cried and I cried. And he smothered my face with kisses. He said, "Dorie, you gave yourself to me willingly." And as he kissed me again and again, he whispered these words. He said, "Oh Dorie, Dorie, my little virgin." Okay, that made me cry. Not used, not broken, not trash, not dirt, my little virgin. I treasure that. Remember what you once said to me, Kay? Once when you were introducing me here at Precept to speak, you said, "Dorie, the two best things that ever happened to you, number one was you were saved and came to know the Lord, and number two, God gave you Lloyd." And I thought that's absolutely true. Salvation was the most perfect gift that ever came to me in a personal relationship with Jesus Christ. Then the second relationship to give me my Lloyd. And I think, "O Lord, You did such a beautiful, beautiful thing." Now, we had to work on the marriage. It doesn't mean it was all over then and everything was perfect. Because it still



was a total surprise to me that he would still love me. I continually tested that love. There was one time, Kay, when going through a very difficult time and I was living here at Precept. I walked in one time. It was around New Years. And I went into my little apartment there and I sat down and I started to write a letter to Lloyd. Now, he's been gone for many years. But I wanted to write this letter to just get all these thoughts in my mind. I know I'm going to see him again. But I said in the letter how sorry I was for all those years that I put him through such difficulties. But I wanted him to know again of that tremendous love. And I recalled moments when he would come up and put his hands over my eyes and say, "Guess who?" and whisper in my ear. And I'd turn around and he'd give me the biggest hug any girl ever received. I reminded him of the times when I would cause such displeasure and there would be times of hurt and I'd walk out of the house. Yes I did. And I'd take these long walks and I'd think, if he really loves me, he'll come looking for me. Because other times people would let me go. No one came searching for Dorie. And I'd walk and walk and then I'd hear a car and I'd hurry up a little bit and the car would slow down and get a little closer and the window would roll down and he'd say, "Dorie, honey, it's me." And I'd just keep walking. "Dorie, I love you. Honey, can we have a date?" And I'd stop. I'd get in the car. He'd hold his arms out for me. And I'd fall against his chest and just weep and weep. And he would say, "Dorie, I'm sorry. I'm sorry." There were times, Kay, when he'd let me say I'm sorry first. He put up with me for so much because I tested that love.

Kay: Over and over again.

Dorie: Over and over again.

Kay: You know I think about that hymn, "O love that will not let me go, I hide myself in Thee." And I think about God saying, "All day long, I've stretched out My hands to a disobedient people." You know, how did Lloyd manage this? I mean, if you stop and think, the wedding night. Especially, because you were virgins, that the wedding night is so very, very special. Especially for a man. How long was it before your marriage was ever consummated?



Dorie: Well, it was consummated shortly after that, Kay. There are those who will understand this. I'm thinking, "I hate this. I hate this. I hate this." And I had to pray that the Lord would help me to love it. But let me give you a reason. Because I was afraid that if I submitted, I would become like, a harlot or a whore, enjoying something, that had been so distasteful and so ugly before. The Lord, over a period of time, brought me to the place where I submitted in love.

Kay: And that was the night that he said, "Oh Dorie, you gave yourself to me, my virgin." Now how long was that?

Dorie: I want to say, Kay, that was about almost a year and a half.

Kay: So what patience because a man wants to know that he's received and that he's loved and ...

Dorie: But see, I think Kay, that he really, he took those words, I meant them, but he meant in a way to act out, till death do us part, in sickness and in health, through hard times and through difficult times, through the good times. I put him through many difficult hard, hard times, but he kept his word to me. He's come in and hug me and I would wonder why.

Kay: Did that scare you?

Dorie: Yes.

Kay: Did you think, okay he's moving towards something else?

Dorie: Yes. It would scare me. I remember a special occasion. This was shortly before his death. We were visiting our son. And I was taking a long time to talk with Bernie and finally I went to bed. It was very very late now. I'm a night owl. Lloyd would go to bed earlier. So I said, "I have to go join your daddy honey." I went up to the room. It was a huge king size bed. I thought, I won't turn on the light. I'll just lie down. And I was lying down on the other side of this great big king size bed and he said, "Dorie, it's late isn't it." I said, "Un huh." "How late?" I said, "We'll talk about it tomorrow." "And then he said, "It's early, isn't it?" You see they get to know you in 30 years. I said, "Yes, very early." "How early?" "We'll talk about it later. Go to sleep honey." And then I heard him as he went off to sleep, just a little bit of a snore and then he woke up. He said, "Dorie," in the



darkness. "Move closer, move closer," So I moved right up against him and he put his arm around me and he whispered in my ear, "Dorie, may I tell you, honey, how much I love you?" I said, "Yes." So he whispered in my ear that night, "I love you. I love you. I love you." And then finally as he kept saying it again and again and again, he fell off to sleep, saying, "I love you." I picked up his hand and kissed it and I thought, "Oh what special fella You gave me, Lord." And I kissed his hand. I thought those were enough "I love you's" to last me the rest of my life. I didn't realize that the next morning he would be gone to heaven. He went out jogging and he never came back. I thought as I sat in the chair as they were preparing for the funeral, I thought, "Lord, he's gone. The one I loved so much, that You gave me on earth is gone. I don't think I can take it." Then the Lord whispered to my heart, because you see we're a threesome. It was Lloyd and Dorie, and the Lord in between. As I sat there in the chair thinking of those kisses and of those words, "I love you." The Lord whispered to my heart, "Dorie, am I still first?" I said, "Yes, Lord, yes." "Then take My hand and go with Me." I wiped my tears and I got up from the chair, I said, "All right, Lord. Whatever You have for me to do, I'll go because I know I'm going to see him again." When I ended the letter that I had written to him, if I can go back to that. I said, "Honey, those words that we said in our wedding vow, 'In sickness and health till death do us part' were true." Because only death could have parted us, Kay. So I said, "When we see each other again, honey, look for me because I'll be there. I know we'll have new names, but I can almost hear when I get to heaven, after I've greeted the Lord, first of all. I'm going to look around and say, 'Lloyd, Lloyd." Maybe he'll shout, "Over here, Dorie." I said, I'll be a lady after that. And I'm going to run up to him. I want to thank him again for his love and then go with him back to the throne to say, "Lord, thank you for allowing me to have someone who so represented Your love to me. And, Kay, since that moment, He's taking me again and again and again. And one of the places He brought me that was of such importance to my life, was here to Precept, because you met my Lloyd.

Kay: I met your Lloyd. I loved your Lloyd. I admired your Lloyd. And he loved the Lord. Dorie, I want to ask you another question that I think is so



important for our audience, because I know in the sovereignty of God, that there are people out there that are waiting to hear, "I'm married to someone that's been sexually abused. I'm in this situation that Lloyd was in. I don't know how to handle it. And I don't know what to do? Give me some practical, practical advise." And I'm going to have you do that, but we're going to take a quick break. It'll be quick and I'll see you in just a minute.

PART TWO

Kay: Dorie, before we went to the break, I asked you what advice would you give to men or to women that are having problems in their sexual life because of abuse to the partner and I know that you travel all over the world and I know that more and more pastors are asking you just to speak to men. And to share with them and that more and more of what we're seeing in this day and age is that there has been sexual abuse in the background and it has greatly affected the marriage. So what would you tell them to do? Very practically,

Dorie: Number one, I think, we have to be able to communicate with one another. That's very, very important. And when they're communicating, be able to look at each other because the shame will drive you away. So Lloyd would just turn my face like that. "Look at me honey. I'm listening." Kay, that's another secret. And you listen, not just with your ears, but with your heart. Because when we're telling these things, whether it be man or woman, there's this shame in it. Sometimes, we'll cry. Don't, don't say to them, "Don't cry". The tears are healing. So it's all right to cry. Just let them know you're there. And then you can just ask them. "Honey, can I touch you? Is it all right? Can I touch you?"

Kay: When they say, "Can I touch you?" do they need to say, "I have no intentions of anything sexual. I just want to comfort you."

Dorie: Yeah, right, right. And because, really Kay, that's what we want. We want to be able to be hugged and embraced without having them go all the way. That's the comfort we need to know. They love us for us, who we are. The other part is a gift that we give to each other, but to understand and to be gentle in the lovemaking, to be gentle and caring.



Kay: Usually in the abuse, it's brutal.

Dorie: It's brutal. It's brutal.

Kay: Yeah.

Dorie: But to be gentle, to be kind, to be thoughtful. It's very, very important, and if you do those things, I mean that isn't a great big list, but then you're going to be able to break down that fear. That's what you have to crash through that wall. It has to come down. But you help to take down the bricks.

Kay: You take them one by one, instead of just hammering it.

Dorie: That's right. Don't hammer it, because then you'll drive them away. Kay, that's like the letter, I have here that was written to me, where this man said as he heard us, he just wept uncontrollably. He himself had known abuse. In fact, he said, the compulsion was there. It became just where it was a sexual drive and he molested little girls.

Kay: Yeah, never, never went all the way, and ended up in prison for two years and said that it was good for him that he was caught, because it stopped him in his tracks.

Dorie: It stopped him and then later on, he found the Lord. But then he got into a marriage with a woman who had been sexually abused. Now she left and then came back and then left and came back. But, he said one night, when she did come back and they were lying in bed together, she decided she would tell him something she had never shared with anyone else before. And she told of the sexual abuse. And he said, "I did a stupid thing. I reached over to start making love to her and she started to scream and ran off again." What he should have done was to have waited. And just said, "it's all right honey." And sometimes one partner or the other has to hold back their desire for the lovemaking for the sake of the other so that one day when they are together it will be enriched because she'll know, he'll know understanding. Kay, I was in a large church. I won't say where. And the pastor, there were three or four pastors there, but he said "Dorie, before we go into the back to back services, I want you to be able to speak to all of the men in our congregation that are in the Sunday School classes." It came to a



total of about 377 of them. "I want you to speak on the sexual abuse issues," which I did. And Kay, as we were talking about them, I heard men cry. When it was over the pastor said, "I want Dorie to stand here and we're going to do something unusual for our church. But I want us to lay hands on Dorie." Well you don't get 377 men to lay hands on you. But anyway he said, "Those of you who can, just touch her shoulders and the others touch each others shoulders until it was like a wheel within a spindle there, okay, the spokes. And as they prayed, it was so sweet. Of course, I was weeping. The pastor had to wipe tears. And then way from the back, one of the men shouted out and said, "Dorie, if anyone ever tries to hurt or harm you, 377 cowboys, "from the state of Oklahoma will come riding to your rescue." Oh, Kay, that was like he was going to bring vindication for anyone that would ever hurt. The Lord does that, but to hear people say it to you, you matter.

Kay: Right. A lot of women will relate to you. How many men do you think there are out there that have been sexually abused? What are you seeing?

Dorie: Oh Kay, so many, many have come up to me weeping. They'll grab a hold of me and whisper in my ear, "Dorie, it happened to me." I will say, "May I hug you? Please." And Kay, I've had them weep on my shoulder, just weep. One man came up to me. I'll never, never forget it, in a very, very large church. He said, "Dorie, after my father died" and he was just a young boy, "I became my mother's surrogate husband." Kay, that's too horrible to even think about. And he said to me, "I hate her. I hate her." He's a grown man now. "I hate her. Dorie, would you pray that God would enable me to forgive?" It was his request. And we prayed that God would enable him to be able to forgive. But Kay, I hear these horrendous stories all over. Why do they dare to tell me now? There's an advantage dear in getting older. They're not afraid to share it with you. And I can reach out as a mother would or as a grandmother would.

Kay: Honey, you talked about forgiveness and this man saying, "Help me to forgive my mother." How important is forgiveness in the healing process?

Dorie: It's of primary importance. Now, we don't want to shake our finger at somebody after they've told us of the abuse, to say, "Now you've got to forgive them." Now wait a minute. Let's hurt with them and cry with them,



Kay. Our tears, crying with them helps them because they think somebody understands.

Kay: Right.

Dorie: But if they don't forgive and I know everyone that's ever gone through anything like this knows this. If you let the bitterness and the hatred, it will consume you. It will affect maybe without you realizing it, every single relationship you have. One way or another it will be affected. And then finally we realize, wait a minute, "Lord, I don't want this to consume me like this. Help me forgive."

Kay: Don't you think that sometimes when we say, "If I forgive them, then that's going to set them free. If I forgive them, then they're not going to get the right punishment that they need." And honestly, God does punish, unless we come to know Jesus Christ and have our sins forgiven, then, precious one, God does punish. You have to realize that God is a just God. He is a righteous God and He deals with sin. And He'll either, deal with it by you accepting the fact that His Son died for your sins, or He will deal with it if they reject that forgiveness that they can have by receiving Jesus Christ and receiving forgiveness of sins, then God will have to deal with them.

Dorie: Well He does use that scripture, "Vengeance is Mine, sayeth the Lord, I will repay." Let me tell you what happens when we forgive, Kay. When we really forgive, not just saying the words, but, "Lord, I want to forgive. I don't want to be consumed with this hatred and this vindictiveness. Help me forgive." Remember that little saying and we've heard it. "I can't do it, Lord. I just can't do it of myself." "I know you can't. I never said you could. Ask Me, daughter. I'll help you. I always said I would."

Kay: Precious One, everything that you've heard today is not going to be possible until you believe in Jesus Christ and receive His forgiveness for your sins, and then once you are forgiven for your sins, then you are able to forgive others. You're able to be healed. You're able to move on.