

PRECEPTS FOR LIFE

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The following is an actual transcript of the PRECEPTS FOR LIFE Broadcast. For the purpose of filling transcript requests quickly, they have received only light editing. If you have questions concerning the material covered in this broadcast, Kay has published a number of books explaining the Scripture in depth. These books may be ordered by contacting the telephone number or address printed above.

SERIES: A Marriage Without Regrets

TITLE: Program 1 – Introduction

MONDAY

OPEN

When I was eighteen years old, I used to stand in the dorm room of St. Luke's School of Nursing, in Cleveland, Ohio and look out over the city. And I would think: what's going on in that home? What's happening between that man and that woman? What's happening with those children? And then I would think about the day that I would be married. I had wonderful dreams of marriage. I had the scenario and then I got married and that marriage ended in divorce. Precious one, don't you want a marriage without regrets?

PART ONE

If you're like me, you want to succeed at life. If you're like me, you want to have a marriage that you have no regrets about. And you know the principles and precepts that I've learned since that time that my first marriage failed, are principles and precepts that are truths for life, that I want to share with



you. And I want to share them with you so that when you look back at your marriage, it won't be that, that marriage was just perfect, that it was ideal and everything that you dreamed of, because it takes two working together to make a marriage like that and that may not be possible for you, Precious One. But at least, when you stand back and you get to the end of the road and you look back at your marriage you can say, "I've had a marriage without regrets, because I did it the right way, because I did it God's way." And that's what we want you to do. We want you to know God's precepts for life on marriage. We want you to be able to look back at your parenting and say, "You know I did it the right way. And I have no regrets." Your children are responsible for the way that they turn out. But you are responsible for what you do as their parent. So as you look back in life, if you will find what God's precepts and truths are for life then you will be able to say, "Hey, no regrets because I did it God's way." You say, "But I don't believe in God. I don't believe the Bible. I just happened to find this program." Listen, you found it by divine accident. And this is not a religious program. This is a program about truth. This is a program about principles and precepts for life. And the first principle and precept that I want to share with you today in this long series on marriage is the fact that if you are going to have a marriage without regrets, it begins with you. It begins with you understanding who you are. Understanding what your purpose of life is. And if you want to understand that, then we have to go back to the book of beginnings. And the book of beginnings is the book of Genesis. And you know what I would love? And I don't know if you have a Bible right now, but I would love it, if you make a date with me and that you would just put this on your calendar, and that when you come to our time together, our time to sit, our time to talk, our time to learn together and to grasp truth and to learn how to live. If you'd bring your Bible and if you'd bring your Bible and if you'd just open it up and you would look with me at the Scriptures and even as I read the Scriptures, that you would read with me. Now Genesis is the first book in the Bible. And Genesis is the book of beginnings. It tells us how we got here. It tells us how we were created. And it tells us why we



were created. And in Genesis, chapter 1, we find, first of all, the first secret, the first key to having a marriage without regrets, and that's: understanding who you are and that your life has worth and it has value. It has purpose: that you're a precious creation of God. In Genesis, chapter 1, God is finished creating everything and then it says, in verse 26. "Then God said, 'Let us make man in our image, according to our likeness." Now, He's created all the animals and He's created all the plants and everything on the earth, but nothing up to this point was in His likeness. Now, man is created in His likeness. And it says, "And let them...," When He says, "Let Us make man...let them rule over the fish of the sea, the birds of the sky...." In other words, they were to rule over this creation that God had made. And then it says in verse 27, "And God created man in His own image...," Now catch this, "...male and female He created them." So when God made mankind, His intention was male and female. And when He made us. He made us equal. He made us so that we were on the same plane. He said, "Man, let them rule over the fish of the sea, over all of my creation." And it says, "And God blessed them and God said to them, 'Be fruitful and multiply and subdue it and fill the earth and subdue it and rule over the fish of the sea, over the birds of the sky, over every living thing that moves on the face of this earth." If you're going to have success in your marriage, Beloved, you need to understand you're creation. And you need to understand why God created you. Because you see, when you're strong in and of yourself, when you understand your worth and your value and your significance, then that enables you to have a stronger relationship with another person and especially with your mate. So what I want to do is I want to take you to the book of Revelation. Now the book of Revelation is the last book of the Bible. And Revelation, chapter 4, verse 11, it says, and they're talking about praising God. And they say, "Worthy art Thou, our Lord and our God to receive glory and honor and power. For Thou didst create all things and because of Thy will, they existed and were created." If you're going to be secure in your marriage, you've got to realize your security as a human being. And you have to know this: that you are not an accident. God created



you. God created you for His purpose. You exist because it is the will of God that you exist. You have worth. You have value. And I'm telling you. If you understand that, then it is going to be so liberating in your marriage relationship because it doesn't matter what the opinion that some body else places on you. Yeah, I know, I know you're saying, "Yes it does Kay." And I understand because I battle with the approval, the approbation of others. I want my husband to adore me. I want my children to think I'm the best thing that ever made their beds and raised them and cooked their dinners and all of that. I want that, and I like to hear it. But beyond that and below that I have to know, my life has purpose. My life has worth. My life has value. I exist because it is the will of God that I existed. In 1 Corinthians, chapter 8, it says, "Yet for us there is but one God, the Father." The One that created you is not just God, but He wants to be your father. He wants to love you. He wants to take care of you. He wants to teach you and instruct you. And that's what He's doing through this Book. He wants to instruct you so that you can be a success at life and a success at marriage. And he goes on to say, "From Whom are all things. And we exist for Him." The reason you exist is you exist for God. It says, "And there's one Lord, Jesus Christ, by Whom are all things and we exist through Him." In other words, when God said, "Let Us make man in Our image." Did you hear the plural pronouns, "us" and "our"? There was God, the Father. And there was God, the Son, the Lord Jesus Christ. And there was God, the Holy Spirit. And they were present at creation. And they said, "We want man to exist." So He created us. And you need to understand the purpose of your creation. You need to understand that worth, that value, that significance. I know I've said it a lot, but I just want it to get into your head. The next thing that you need to understand is you need to understand the purpose of your sexuality. Remember in Genesis, chapter 1, it says, in verse 27, "And He created them, male and female, He created them." Well now listen, He didn't just instantly bring them both into existence and they didn't all of a sudden, (gasping for air) and they popped up and they were both there, male and female. No, there was a sexual issue in this. There was a reason for male and female. And so to find out that



reason, once again we have to go back to the book of beginnings. And we go this time, to the second chapter of Genesis. What God does is He gives us an overview of creation in Genesis, chapter 1. He gives us the big picture. In Genesis, chapter 2, He comes along and He fills in the details, so that we get the details. Okay, how did He create man? I mean, you know, what did He do? When did He create the male? When did He create the female? Well that's what we find out in Genesis, chapter 2, verse 7. "Then the Lord God formed man from the dust of the ground and breathed into his nostrils the breath of life and man became a living soul." So where do we come from? We came from dust. You've heard it probably at a funeral. "From dust thou art and dust you will become." I mean, that's it. And so what is He saying here? He's saying that He formed man from the dust of the earth. Just picture a man being formed there on the ground and he's laying there, just stark, nothing moving. And all of a sudden, breath comes into his life and God breathes into him the breath of life and man becomes a living soul. But now listen, it's only man. This time, it's man, male. There's no female there. And yet, what does He do on that sixth day? It continues. Well He brings all the animals to Adam. And Adam looks at all the animals and God says, "Adam, name these animals." Now listen, when you name something, it implies an authority over that person, there is a relationship here of giving a prominence and care to the person that you're naming. And so he names the animals. But when he gets through this is what happens. It says, "Then God said, 'It is not good for the man to be alone. I will make a helper suitable for him."

PART TWO

"I will make a helper suitable for him." In other words, He started with man, male and now He looks at man and He says, "You know, it's not good for man to be alone. I will make a helper suitable for him." Now that word, "suitable" means counterpart, complimenter, completer. All right, when God created woman, He designed woman in such a way that she would fit in with



man, that she would be complimenter, that she would be a completer, not a competer. Men have egos. God creates man and He says, "Okay, man's not complete. Man's lonely. Man needs a counterpart. Man needs a complementer. Man needs a completer, not a competer, a completer." So that what you do is, if you take male and you take female and you put them together, you have a stronger person. Where a man is weak, usually a woman is strong. Where a woman is weak, usually a man is strong. Now the other thing I want you to see is He creates woman for the man. Because He says it's not good for the man to be alone. Do you know that one of the problems that marriage solves is the problem of loneliness. I mean, men just do not fair well, alone, unless they've been called of God to be a eunuch and to never get married. They just don't fair well alone. As a matter of fact, when you study the statistics and you have a widow die and a widower die at the same age, the widow will outlive the widower. And they believe that that's true simply because man doesn't fair well alone. So woman was made for a purpose. You exist because God desires for you to exist. You have worth. You have value. You have significance. It's His good pleasure to have you on this earth. The second thing you need to understand is that there's a purpose to your sexuality. So now watch what He does. How does He make this woman? Well, it says in verse 20, "And the man gave names to all the cattle, to the birds of the sky, to every beast of the field, but for Adam, there was not found a helper suitable for him. So the Lord caused a deep sleep to come on Adam and he slept. And then He took one of his ribs and closed up the flesh at that place and the Lord fashioned into a woman the rib which He had taken from man and brought her to the man." Now where does this woman come from? Well, I want you to see that the woman comes out of the side of man. And you know some people have said it and you may have heard it. Woman was not taken out his head to rule over him. She was not made from his feet to be trampled over by him. But she made out of his side to stand equal with him. Now I know that you've heard about women being submissive and you've heard about the man being the head of the woman, if you've been in church and all of that is true. And we're going



to look at it. We're not going to look at it today. But you need to understand it. In Galatians, chapter 3, in verse 28, this is what he says. "There is neither Jew, nor Greek. There is neither slave or free man. There is neither male or female, for you are all one in Christ Jesus." In other words, when God looks at us, it's not that He prefers the man and that's why He made him first. It's not that woman is secondary or subsidiary to man and that's why He made woman second. No. They're both part of His creation. And they are both equal. So in any marriage, if you're going to have a marriage without regrets, the man needs to respect the woman as part of God's creation. And realize her worth, her value, her significance, and the same with the man. And so in your marriage, if there's a putting down of one another, you need to sit down and you need to have a little talk. And we're going to talk about the tongue and we're going to talk about communication. You're going to learn a lot of valuable lessons. But, until we get there, you need to have a talk at a right time. You need to have a talk at a sweet time. You need to have a talk when you're both calm, not when things are irritating you, not when you're tired, not when you're fragmented and what you want to do in your marriage, so that it's a marriage without regrets, is you always want to honor one another. You want to honor one another. Now in 1 Corinthians, and I want to take you there because it's an important passage for you to know. But in 1 Corinthians where he's talking about some problems that they have in the church and you know what the woman's to do with her head and whether she's to have it covered and all of that. He makes some very interesting statements. And he says, "However...," verse 11, "...in the Lord, neither is woman independent of man, nor is man independent of woman, for as the woman originates from the man, so also the man has his birth through the woman and all things originate from God." So we have the first Adam and Eve, being distinctly created by God with a hands-on process. All the rest of us have come through birth. All right, so how did the man get here? The man could only get here through the woman. Okay. And yet, he goes on to say, that the woman originates from the man. So where did woman come from originally. Woman came out of man's side. So this is the



way God created her, out of man's side to be embraced, to be loved to be protected, to be cared for. You say, "I wish he would love me. I wish he would protect me. I wish he would care for me." And, Precious One, I wish he would too. And I just want you to know that as we keep talking together and as we keep sharing, and as we keep learning God's precepts and as you keep understanding who you are and how precious you are to God, things can change. They're not going to change over night, but things can change. Now one of the things that he does tell us in this passage is, he says in 1 Corinthians 11, "I want you to understand that Christ is the head of every man and the man is the head of a woman, and God is the head of Christ." So what I want you to see is that in creation God had an order. So in our sexuality, we need to understand first of all, that God created man and made man the head of the woman. Now this doesn't mean a dictator. But it's the head that helps everything operate correctly. You say, "But I don't like that. I want to be the head." That's what you've been taught, isn't it? You've been taught that apart from God's Word. And your flesh rises up and you want to be the head. And you don't want anybody telling you what to do. And I can understand that in the flesh. But I want to tell you something. That's not God's design, darling. So we have to get it straight and we have to understand something. And when he tells us this, he tells us also, "Here is God and here is Jesus Christ. And they are both equal, they are both equal. They are one." And yet it says that, "Christ has a head, and the head of Christ is God." So, even the Lord Jesus Christ has a head. So when you think of your sexuality, you've got to know this. God made you for each other. He made you so you wouldn't be lonely. So I want to just leave you with one thing. Just work on that relationship with one another. As you understand these things, you're going to know, Precious One, how you can have a marriage without regrets.